

Purposeful Human Life



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The Object

- The object of this presentation is to understand the life , greatness of human life, excellence in human life the ultimate purpose of human life and how to realize that Goal in this very life. If we do not realize this , it is like committing suicide. It is like throwing the diamond and holding a piece of glass in it's place. Let us first of all understand life.

Living and non-living

- In this visible or non-visible world we see non-living things like Mountains, stone, houses, roads metals, machines etc. and living beings like insects, birds, animals and human-beings. **The machine mechanically performs all the movements its maker made it to perform, its movements are not those of life.** In the living there is freedom there is intelligence; in the dead all is bound and no freedom is possible because there is no intelligence. This freedom that distinguish us from machines is what we are striving for.

- Swami Vivekananda

The matter

All that has no life are dead insentient matter. These are inert , gross and dead. There is no reaction ,no movement of it's own. It does not eat, it does not breath, it does not speak.

The living-beings

We see that a tree or plant or even a grass germinates, sprouts, grows, give flowers. fruits and grow old and dies.

Similarly Insects, mosquitoes, flies, birds and animals also are born, grow, have progeny, become old and die.

Similarly a human being is born, grown, have children, become old and die.

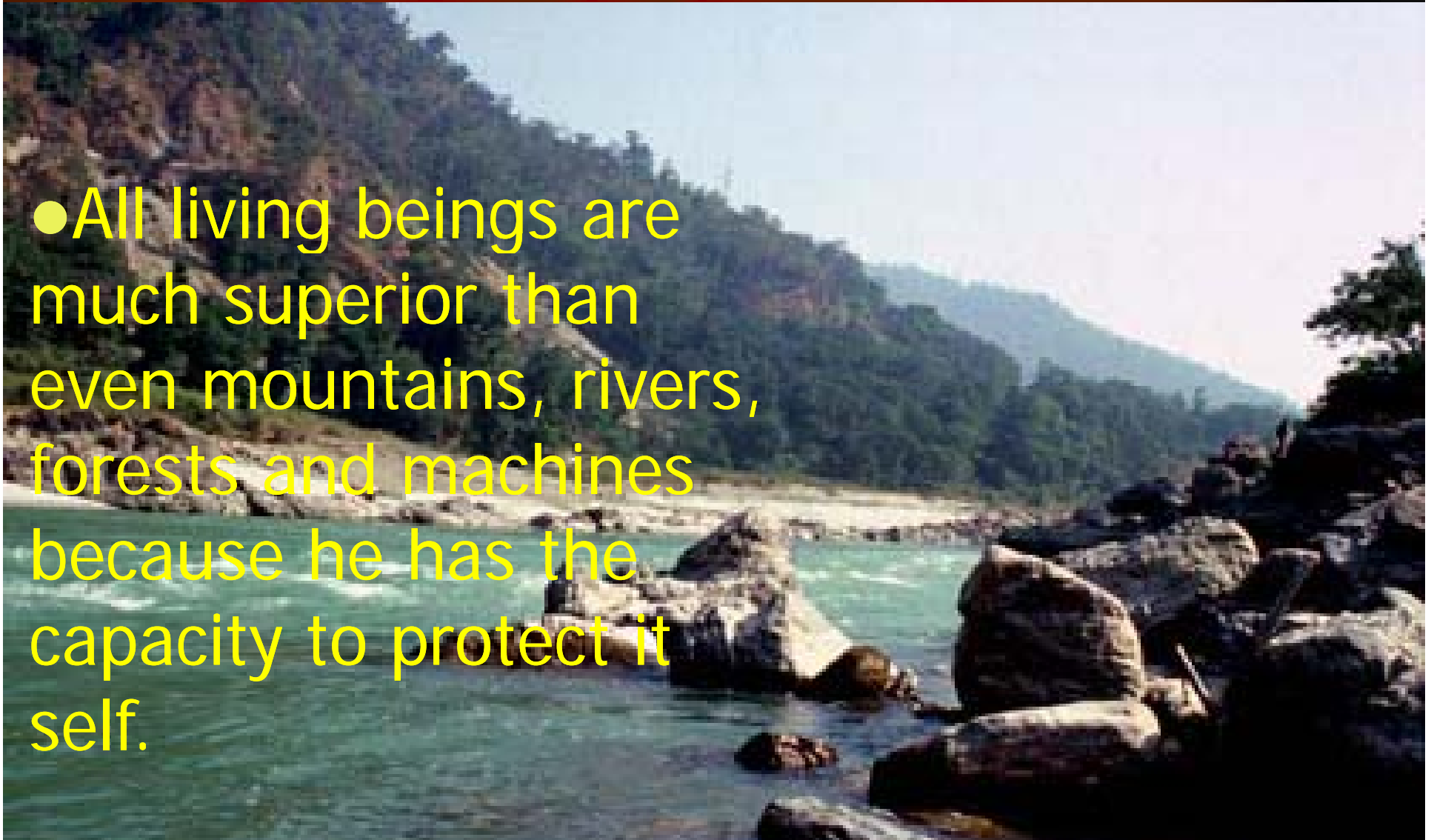
Right from amoeba to Brahma (Universal being) is a living being.

Living things have life. But what is life ?

Insentient matter in presence of consciousness starts a life.

The smallest living being is superior to non-living

- All living beings are much superior than even mountains, rivers, forests and machines because he has the capacity to protect it self.



Even a worm is better than a machine



Photo by J.C. Loatch, GPO

To be more free is the goal of all our efforts, for only in perfect freedom can there be perfection. *This effort to attain freedom underlies all forms of evolution - physical, mental, intellectual, social, cultural, educational and spiritual - down from the Darwin's Theory of Evolution to the Highest Philosophy of life internal, whether we know it or not. Perfect freedom and attainment of infinity is the purpose of life.*

Man is greater than all

All the lives on earth have a fixed task by Nature according to their actions in their respective past lives. We believe in 84 Lakhs of species one has to go round . All the lives except Man are bound and live only to reap the fruits of their good or bad actions and lastly to attain human body. Human life alone has has freedom to make it's future destiny. It has a specific purpose of life.

एहि तन कर फल विषय ना भाई ।

भजिये राम सब काम बिहाई ॥

- The whole Universe is a Consciousness expressing through all dead insentient matter or the living beings .It is the Supreme Energy- energy of all kinds of energies
- The modern science too has perception of the movements of electrons in an atom and the atomic power. Science uses the same language through quantum theory of Einstein , Newton's laws and Darwin's theory what Vedanta the Spiritual Science preaches.

Non-living too is Brahman

● All that is insentient (जड़) is तामसिक in nature. But in that too we see subtlest movement of electrons in an orbit due to centripetal force. This force is energy a great power. We all know about atomic energy which can destroy the whole world or it can bring welfare and happiness to the world. But a stone is not conscious of it because there is no प्राण (Bio-energy) , no mind and intellect in it . So even in a stone we see energy but there is no consciousness (चेतन) in it. This is the lowest manifestation of ब्रह्म. We call it non-living.

All living beings are potentially divine

Then there are living beings starting from an amoeba to a human being. It includes plants, trees, insects, birds and animals.

These too are Braman unmanifested just like An unmanifested tree is in a seed.

All is verily Brahman



- Brahman the Supreme Reality only exists, all other that we see as world is but a delusion created by the primordial power of Brahman called prakriti or maya. Visible world is only a projection called creation with the help of maya just like a world we project in dream. This Prakriti (nature) is of three qualities (gunas) viz Tamas (Inertness) Rajas (Activity) and Sattwa (Perfect calmness).

What is the purpose of human life ?



There are two views about the aim of Human Life

MATERIALISTIC AND SPIRITUALISTIC

MATERIALISTIC VIEW

*YAVAT JIVET SUKHAM JIVET RINAM KRITWA
GHRITAM PIBET BASHMIBHUTASHAYA DEHASYA
PUNARAGAMAN KUTAH. IF THAT IS THE AIM OF
HUMAN LIFE THEN ENJOYMENT EARNED BY
UNFAIR OR/EVEN MEAN WAYS INVITES THE
ANIMAL NATURE OF MAN THIS IS VERY INJURIOUS
TO THE SOCIETY.*

If we accept this view we are not better than animals. All living creatures in the world right from an amoebae to man are called Jantavah. They are classified into four categories Udbhij, Swedaj, Andaj and Jarayuj. All have common characteristics i.e. Ahara, Nidra, Bhaya Maithunamcha i.e. Food, sleep, fear and sex. If only getting wealth for good food & drink, a good shelter & clothes, nice place for sleep satisfies us, protection from all fears i.e. able to possess what we don't have and protect what we have and enjoy sex then we are just at animal level.

चार दिन हैं शानो शौखत का खुमार
मौत की तुर्शी नशा देगी उतार
जब उठाएंगे जनाजा मिलके चार
हाथ मल मल कर कहोगे बार बार
किसलिए आए थे और क्या कर चले
जो यहाँ पर था यहीं पर धर चले

Even the modern Science does not agree with Charvak theory but supports Vedantic view.

- Darwin's theory explains the physical evolution from amoeba the single cell living being to human body developing through so many living species. He explains two principles :
 1. Struggle for existence
 2. Survival of the fittest
- Vedanta explains it further that it was because Brahman, the Divinity exists even in amoeba and it wants to expand , since it is Eternal Existence itself.
- The more this consciousness is manifested more it becomes fit to survive.
- This goes on till it attains human body
- Hindu believes in 8400000 of such species through which one is to pass

Here Hindu Theology adds that this evolution every soul has to pass to get a human body. Further it is believed that devolution also takes place. Dirty souls may go back to the lower bodies and pure souls to the higher bodies.

Evolution continues even after getting human body

- Sir Julian Huxley the great biologist added to Darwin's theory of evolution and said that human form with unrefined mind and intellect is as good as animal. So refinement of mind and intellect is another evolution which transforms the animal nature in to human personality.
- Hindu totally agrees with this view and the rishis have explained fully the refinement of mind and intellect long back. Srimad Bhagawadgita teaches about this refinement only.
- Further Hindu Theology adds to it that a soul with refined mind and intellect has to go beyond all evolutions and devolutions by transcending the realm of outside and inside nature.

Real Dimension of 'MAN'

Not the Body-Annamaya-kosha

- Antavanta ime deha nitasyokta shareerina. The body is said to have an end and not the indweller.
- Ksan bhangur

Human life differs from other living beings

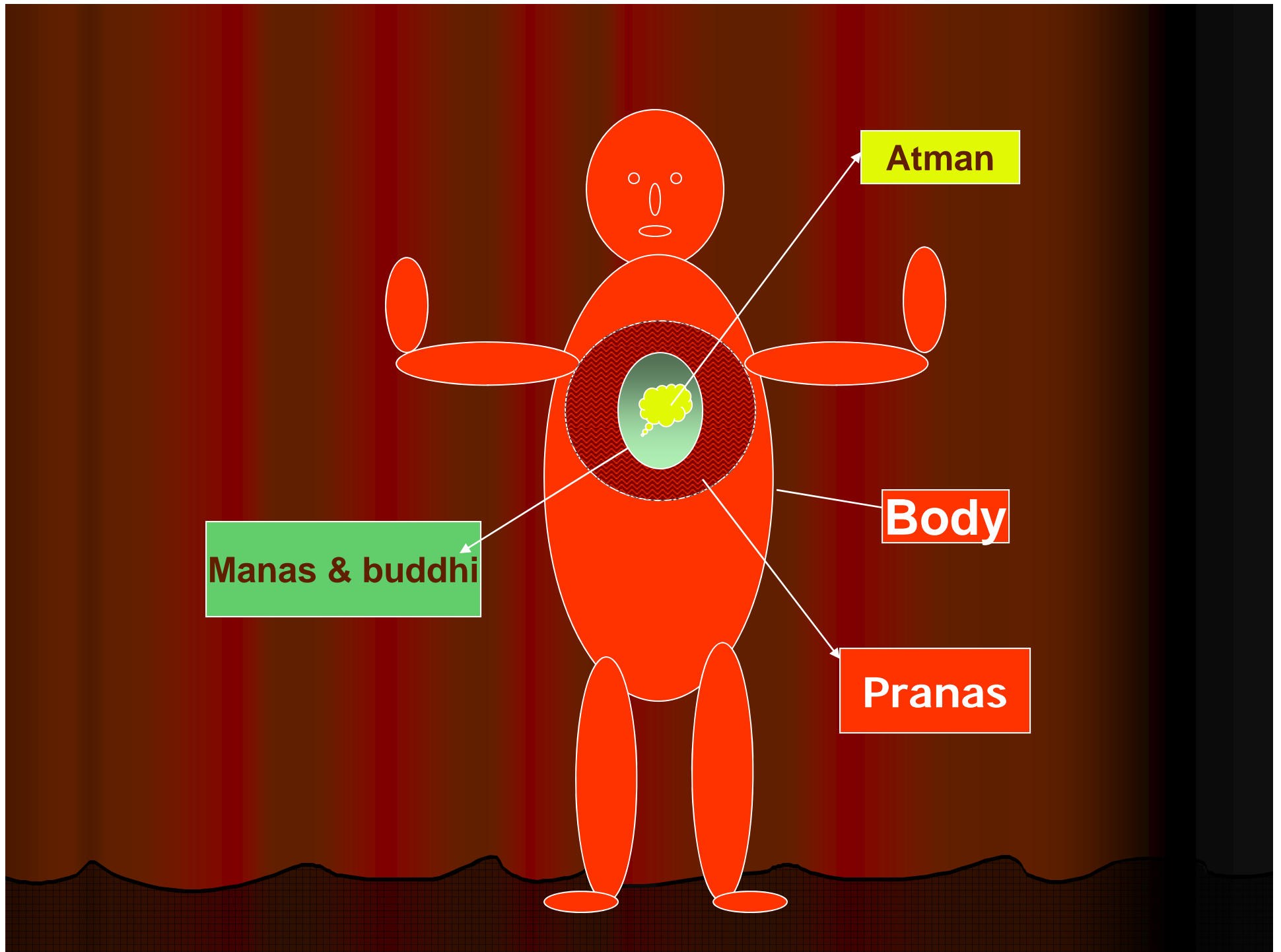
- Though animals ,birds and others have mind and intellect but that is in a very primitive form or we may say crude form. It has no freedom to refine it. But man has the power of discrimination. He can analyze what is wrong and what is right.
- He has a curiosity to know what he actually is. For that he can analyse his different dimensions.
- Man has the capacity to refine his mind and intellect to the purest transparent form and get liberation.

It needs Tattwa-vichar

Annamaya Kosha
Pranamaya-kosha
Manomaya-kosha
Vigyanmaya-kosha
Anandamaya Kosha

Atman alone abides

True Self (Atman) is beyond all these sheaths. Man is not the body, mind or intellect etc. but Immortal Atman. Body dies but Man continues mind and intellect changes but pure mind and pure intellect merges in the Infinity. He is the Immortal Bliss. **True Self is beyond all these 5 sheaths and to realise this True Self is the aim of human life.**



Atman

Manas & buddhi

Body

Pranas



SWAMI
VIVEKANANDA
SAYS.

**EACH SOUL IS POTENTIALLY
DIVINE. THE GOAL IS TO MANIFEST
THIS DIVINITY WITHIN BY
CONTROLLING NATURE, EXTERNAL
and INTERNAL**

**YOU ARE DIVINE, A SPRING OF
IMMORTAL BLISS *AMRITSHYA*
PUTRAH: THIS VAST RESERVOIR OF
POWER WHICH AT PRESENT IS
LYING DORMANT. MANIFEST AND
SEE YOU ARE THAT *TATWAMASI O*
SHEWEKETU The guru tells his
disciple.**



***YOU ARE THAT TREMENDOUS
POWERFUL ETERNAL
SOURCE OF ENERGY AND
DYNAMISM THAT YOU CAN
GALVANISE THE WHOLE
WORLD.***

***SELFISHNESS,
NARROWNESS, WEAKNESS,
IMPURITY, CRUELTY, LUST,
ANGER, GREED IS NOT YOUR
REAL NATURE. These do not
befit you.***

SPIRITUALISTIC VIEW OF GOAL OF LIFE IS GOD REALISATION. SPIRITUAL SCIENCE gives the complete fulfillment of all desires. Spiritual science deals with the ultimate or the Inner life of man which is eternal, Pure, Peace, Bliss and, Knowledge.

- Such a man only can lead a purposeful life in this world and world here after .He will attain four values of human life.
- Though God realization is the aim of life but material world can neither be denounced nor the necessity of improving the material conditions of life be ignored.

दीन कहे धनवान सुखी
धनवान कहे सुख राजा को भारी
राजा कहे महाराजा सुखी
महाराजा कहे सुख इन्द्र को भारी
इन्द्र कहे चतुरानन को सुख
ब्रह्मा कहे सुख विष्णु को भारी
तुलसीदास विचारी कहे
हरिनाम बिना सब जीव दुखारी



So seers have classified the purpose of life in four steps

1. Artha
2. Kama
3. Dharma
4. Moksha

He will be able to lead a successful family life, professional life, religious and spiritual life

Asramas

- Brahmacharya Ashrama
- Grahastha Ashrama
- Vanaprastha Ashrama
- Sannyasa Ashrama

Transformation and attainment of freedom from gunas

- All human beings have all the three gunas in them but there may be a predominance of one guna or the other. Transformational dynamic Leadership would be the outcome of sattva-predominant personality. He is to be careful to keep Sattva guna controlling his Rajas and Tamas. Sri Ramakrishna used to say that if a man has worked with 25% mind in work and 75% in God, he would do much much more efficiently than him who has done with whole mind.

The knowledge of this Atman is the most powerful weapon to dispel all that lowers the personality of Man and grows him in to a man of character. This spiritual strength makes a man dynamic, efficient and excellent. It given the power of right imagination, right decision, right thinking, to move on the right path developing the sense of duty, calm and unselfish, here the motive force behind the work is higher.

When the knowledge of Atman practical in everyday life, tremendous Social transformations will take place. Human dignity, human freedom, human equality, spirit of service capacity for efficient teamwork, all these will become heightened in Society. It is the spiritual Strength and it confers strength in others.

**A COLLECTOR, A CLERK, A POLICE
CONSTABLE OR A POLICE
OFFICER, A SCHOOL TEACHER,
PERSONS OF EVERY OTHER FIELD
OF PROFESSION, MANAGERS,
DIRECTOR, AND EVERY OTHER
TYPE OF SOCIAL FUNCTIONARIES
EVEN WITH A LITTLE SPIRITUAL
GROWTH WILL MAKE WONDERS.**

The Social aspect is based on Spirituality

Each soul is potentially divine. To manifest this divinity within you is God realization . To serve jiva is to serve Siva. Let the poor, illiterate and the down-trodden be your God. Serve them for your own Liberation, says Swami Vivekananda.

**To love Man is to
love God.**

**To serve man is to
serve God.**



While on a pilgrimage to Baidyanathdham, Sri Ramakrishna seeing the poor and distressed condition of the local santhals, forced Mathuranath Biswas – the affluent son-in-law of Rani Rasmani, to distribute food and clothing to them. He said that he would rather suffer and die with them than continue his pilgrimage further . He also inspired Mani Mohan Mallick to dig tanks and wells to remove the scarcity of drinking water for the rural poor.



“ Who serves Jiva,Serves God indeed.”

“ It is in love that religion exists and not in ceremony,in pure and sincere love in the heart. Unless a man is pure in body and mind, his coming into temple and worshipping Shiva is useless.”

“After so much austerity , I have understood this as the real truth – God is present in every jiva. There is no other God besides that. Who serves Jiva ,Serves God indeed.”

--- Swami Vivekananda

Love God the poor, the miserable and the weak



Wait ,money does not pay,nor name nor fame,nor learning. It is love that pays ;it is character that cleaves its way through adamantine walls of difficulties."



"Do you love your fellow – men ? Where should you go to seek for the God,are not all the poor ,the miserable ,the weak,Gods ? Why not worship them first ? Why go to dig a well on the shores of the Ganges ?"



-----Swami Vivekananda

THANK YOU