



## ICFAI University Jharkhand launch Prospectus 2026



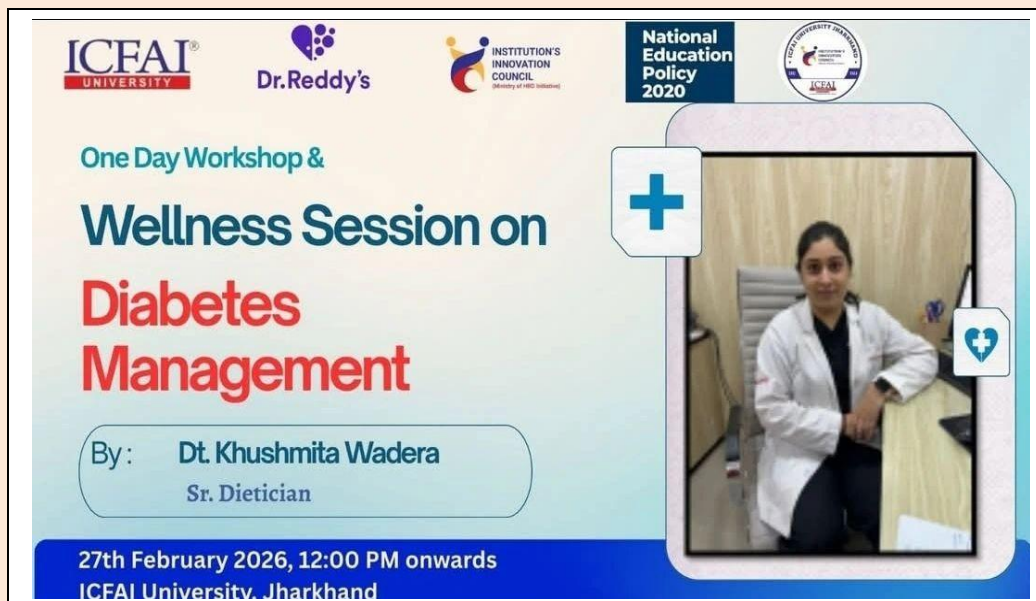
The ICFAI University, Jharkhand (Ranchi) is pleased to announce the launch of its Prospectus for Admission 2026 for a wide range of Undergraduate, Postgraduate, Diploma & Doctoral programs. The prospectus provides complete details on eligibility, application process, important dates, courses, fees, selection criteria and more..

Take the first step toward your dreams — Join ICFAI University Jharkhand and begin your academic journey toward excellence and success.

The Institution's Innovation Council (IIC), ICFAI University Jharkhand, in collaboration with Dr. Reddy's Forum for Health Education (an initiative of Dr. Reddy's Laboratories Ltd.), is organizing an important awareness session titled: "Adolescent Nutrition / Nutrition for Healthy Life" Workshop on Diabetes Management.

□ Date: 27th February 2026

□ Time: 12:00 P.M.



ICFAI UNIVERSITY

Dr.Reddy's

INSTITUTION'S INNOVATION COUNCIL (An initiative of IIC)

National Education Policy 2020

One Day Workshop &

# Wellness Session on Diabetes Management

By: Dt. Khushmita Wadera  
Sr. Dietician

27th February 2026, 12:00 PM onwards  
ICFAI University, Jharkhand

We were privileged to have Dt. Khushmita Wadera, Senior Dietician, as the resource person for the session. The event was organized under the aegis of Institution's Innovation Council (IIC).

The workshop focused on practical and science-backed insights, including:

- ✓ Balanced plate proportion
- ✓ Understanding macronutrients
- ✓ Role of healthy fats
- ✓ Essentiality of hydration
- ✓ Understanding the caffeine cycle
- ✓ Beginning the mindful eating journey

The session was highly informative and interactive, encouraging students to adopt healthier lifestyle choices and build long-term wellness habits.

Initiatives like these reflect our commitment to holistic development — nurturing not only academic excellence but also physical and mental well-being.

